

MONDAY

6 JULY

Hosea 2:14-16.

19-20

Psalm 145:2-9

Matthew 9:18-26

TUESDAY

7 JULY

Hosea 8:4-7. 11-13

Psalm 103:8-12

Matthew 9:32-end

WEDNESDAY

8 JULY

Hosea 10:1-3. 7-8.

12

Psalm 115:3-10

Matthew 10:1-7

THURSDAY

9 JULY

Hosea 11:1. 3-4. 8-9

Psalm 105:1-7

Matthew 10:7-15

FRIDAY

10 JULY

Hosea 14:2-end

Psalm 80:1-7

Matthew 10:16-23

SATURDAY

11 JULY

Isaiah 6:1-8

Psalm 51:1-7

Matthew 10:24-33

REFLECTION

Matthew turns from the healings of chapter 9 to explaining how difficult it will be to follow Jesus. There will be persecutions, families will betray each other and many will deny him.

Peace will be in short supply, but despite it all, Jesus' followers are valuable and God will not desert them.

In the centuries that have passed since Jesus lived on earth, there have been many persecutions, splits in the church, family rifts, and terrible bloodshed and violence. We might read these words of Jesus as referring to conflict between those who follow Christ and those who do not. They are spoken in the context of the first mission of the disciples to the house of Israel. But the evidence shows that, while interfaith conflict has been a problem down the ages, internal disputes have torn apart the lives of many who count themselves Christians.

Knowing all this, Jesus sent out the twelve on their first mission. He sends us, too. We are all called, each with our own particular mission. It may not be to travel from town to town, but we can be sure that it will present us with a challenge.

PRAYER

Lord, make us strong in the mission you set before us, and equip us for all we face.
We ask for courage where we find conflict, compassion where we find suffering, and wisdom where we find foolishness.



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INNER JOURNEY, OUTER JOURNEY

PART I – FINDING GOD INSIDE AND OUT

James Roose-Evans is one of Britain's most experienced and innovative theatre directors, and has directed productions in the West End, on Broadway and in Paris. His production of 84 Charing Cross Road won awards both sides of the Atlantic. In 1974 he founded the Bleddfa Centre for the Creative Spirit in mid-Wales. James is also a non-stipendiary Anglican priest, author of twenty-two books and a blog. Inner Journey, Outer Journey was first published over thirty years ago, and has remained an enduring classic, called by Rowan Williams "A very precious and very practical book which deserves to be loved and revisited." Over the following weeks we serialise extracts from the new, third edition.

Some claim that God is solely immanent – hidden in the psyche. But God is also transcendent, outside and beyond the present dimension of time and space. To be truly *homo religiosus* (a religious person), one must bring together the outside and the inside, finding God both "out there" and "in here." It is here that the creative process comes into its own, assisting the spiritual process. From childhood onwards my ability, at certain moments, to act or visualise – through dance, gesture, movement, sound, drawing, painting or words, these inner states of worship and conflict, yearning, lust, love, anger and jealousy – has enabled me to go on growing. By visualising and acting out it is possible to bring together the outer and the inner in daily living. The creative process enables us to absorb experience with our being, to give it form and shape. As the poet Robert Frost once said to me, "Each poem that I write is one more stay against confusion." By gaining conscious control of unconscious imagery we bring into order our own chaotic psyches. It is a process of self-healing. The songs and dances, drawings and carvings, poems and ceremonials that come forth from the depths of our being enable us to master those emotions which might otherwise overwhelm us, enabling each of us, through histrionic or other creative means, to understand our own condition more clearly.

James' blog can be found at: www.jamesrooseevans.co.uk. Inner Journey, Outer Journey is available from Redemptorist Publications: 01420 592974. Product code: 1852. ISBN: 9780852315569. Price: £9.95

LIVE
the WORD

SUSTAINING YOU
THROUGH THE WEEK

Edited by
Caroline Hodgson
and
Heather Smith



Fourth week after Trinity

Monday 6 July to
Saturday 11 July
2020

WEEK

The Priory Church of the Holy Trinity, Micklegate, York Weekly Pew Sheet (5 to 11 July)

The church building is only open for private prayer (see opposite), and there are no acts of public worship at the moment due to the Coronavirus outbreak. During this time, we have two ways you can join in prayer services from home or work – see below. For those at home, the weekly pew sheet and service book will be posted to you. If you have internet access, [both are available online](#). You can join from 5 minutes before the start time.

To join by calling from your telephone

Please see the details under each service. Dial the number and when asked to, enter the meeting ID.

To join if you have internet access

Join via clicking the Zoom link (under each service below) or go to our Facebook page [Holy Trinity York](#) and watch the video.

How to contact us

Call 01904 630518 or text 07492 067803

mark@holytrinityyork.org www.holytrinityyork.org

Sunday 5 July – Morning Prayer (Lauds) at 11am

A service marking the 72nd anniversary of the NHS

Readings: Psalm 41; Isaiah 35: 3-6; Luke 7: 1-10

Hymns: Thine arm, O Lord; When to our world the Saviour came

Preacher: The Rev'd Dr Gwynne Wright

Dial-in number: 0131 460 1196

Meeting ID: 234 796 177

[Join from your computer, smartphone or tablet](#)

Monday 6 July

The church will be open for private prayer from 11am to 2pm.

Wednesday 8 July – Midday Prayer (Sext) at 12.15pm

Readings: Psalm 48; Micah 4: 1-4a

Music: Taizé Gloria and Ubi caritas

Dial-in number: 0131 460 1196

Meeting ID: 159 391 586

[Join from your computer, smartphone or tablet](#)

Thursday 9 July

The church will be open for private prayer from 11am to 2pm.

Following the Prime Minister's statement on 23 June, there are further relaxations from 4 July in the lockdown measures around public worship and weddings. We are awaiting the publication of Government and Church of England guidance for us to understand what this means for us at Holy Trinity. We are doing this because the safety of our employees, the congregation and the wider public, who may wish to attend Sunday morning services, is of absolute importance.

A virtual PCC meeting is planned for 9 July, providing the guidance is published in time, and we will be able to communicate shortly after this a plan for public worship and weddings at Holy Trinity.

Until then, our worship will continue to be broadcast on telephone, Zoom and Facebook with the church open for private prayer on Mondays and Thursdays (11am to 2pm).